

Excellence in Comprehensive  
Care and Surgery of the Shoulder,  
Elbow, Wrist, and Hand.

Department of Upper Limb, Hand & Microvascular Reconstructive Surgery



Higher  
quality of life.  
It's in your  
hands.



Our everyday living depends on proper functioning of our hands. Even a tiny cut can make mundane activities difficult, imagine then how difficult would it be to live with severe upper extremity issues. To ensure that you live a complete and normal life, Jehangir Hospital strives to provide you with the highest quality care with unparalleled compassion.

## What is Hand Surgery?

Hand surgery is the field of medicine that deals with problems of the hand, wrist, and forearm. In addition to basic training in orthopaedic surgery, hand surgeons are also trained in comprehensive care of the upper extremities.

## About Us and Our Mission Statement

The hand surgeons at Jehangir Hospital are a dynamic, dedicated, and devoted team of surgeons and associates.

We have received specialized training in the treatment of hand problems, including training in plastic surgery and microvascular reconstructive surgery.

Our most important goal and mission statement is to enable patients to live wholesome lives by restoring the function and quality of life associated with strong, healthy hands, arms, and shoulders, as quickly as possible.

**Vision Statement:** Our endeavor is to become the premier provider, educator, and innovator in the prevention and treatment of upper extremity disorders.

## Why Choose Us?

Choosing a healthcare provider is one of the most important decisions you take in life. You need someone who is caring, knowledgeable, and accessible. Someone who is willing to take the time to go over all of your options and treat you as a person and not just a patient.

At our Department of Hand Surgery, we pride ourselves on our compassionate and comprehensive patient service. We offer state-of-the-art technology, knowledgeable staff, and safe and proven procedures.

## Our Services

We provide holistic solutions for problems related to the hand and upper extremity.

The hand is an important and complex part of the body. To ensure you get the best possible solution, it is best to consult a specialist, even for conditions or injuries that may seem insignificant.

We combine our expertise in orthopedic, plastic, and microvascular surgery to perform a wide variety of surgical and non-surgical procedures for common and rare conditions. Some of our offerings include:

- Treatment of diseases that affect the upper extremities
- Emergency treatment of minor and major injuries
- Treatment of carpal tunnel syndrome, cubital tunnel syndrome, and other repetitive motion injuries (cumulative trauma)
- Treatment of peripheral nerve compression injuries
- Restoration of hand, arm, and shoulder functions, following disabling injuries
- Reconstruction of birth defects
- Arthritis treatment, including joint reconstruction
- Removal of cysts, tumors, and skin lesions
- Scar removal or revision
- Arthroscopy of the shoulder, elbow, and wrist
- Treatment of Adult Brachial Plexus Injuries
- Treatment of Obstetrical Brachial Plexus Palsy

In addition to providing round-the-clock replantation services (re-attachment of amputated fingers and hands), our institute is actively involved in providing soft tissue cover for open fractures. This service has revolutionized fracture treatment and has vastly improved the results, and in many instances, prevented amputation of the limbs. We pride ourselves on our unique “**Limb Salvage Centre**”

Note: Whether you need medical treatment, any further information, or simply need a second medical opinion about a hand, arm, elbow, or shoulder problem, please contact us to make an appointment with the Department of Hand Surgery.

## Our Team

Our team of surgeons offer expertise in Orthopedic Upper Extremity, Hand & Microvascular Reconstructive surgery, and provide comprehensive care for any problem of the hand, wrist, elbow, shoulder and arm.

**Dr. Abhijeet L. Wahegaonkar**  
Adjunct Professor of Hand Surgery

**Dr. Nilesh Kamat**  
Orthopaedic Shoulder & Upper Limb surgeon.

**Dr. S. Prashanth**  
Consultant Hand & Microvascular Reconstructive Surgeon

## Fellowship Opportunities, Research, and Education

The surgeons at the Department of Upper Extremity, Hand and Microvascular Reconstructive Surgery, are committed to excellence in patient care, education, and research in Hand and Microvascular surgery. In keeping with our vision and educational mission, we offer fellowships of 6 months to 1 year duration to orthopaedics and plastic surgeons who wish to gain greater expertise in hand and upper extremity surgery. Our goal is to provide comprehensive training in all aspects of the art and science of hand surgery. This includes instilling a fundamental understanding of the physiology, biomechanics, examination, diagnosis, planning, non

operative management, and surgical management that allow hand function and form to be optimally repaired and reconstructed. We wish our fellows to be leaders and competent hand surgeons, who will constantly strive to continue to grow as lifelong learners. Our vision is that our fellows will improve healthcare delivery, thereby improving patients' lives, and also advance hand surgery through research, and by training the next generation of hand surgeons.

We believe that we are successful only if our pupils ultimately become far better than their teachers. It is only through this that each generation can further advance the discipline of hand surgery.

## ① | Why Choose Us?

---

### **Clinics**

We conduct daily out-patient clinics. Fellows will see patients in the clinic with the staff and formulate a treatment plan. The faculty then evaluates the patient and the fellow's treatment plan.

---

### **Surgery**

Fellows will formulate and discuss the surgical plan in addition to assisting the attending staff in surgery.

---

### **Call**

Fellows will take the primary call. The clinical call duties of the surgeons at the Dept. of Hand Surgery include 24-hour coverage of Jehangir Hospital.

---

### **Teaching**

Besides didactic lectures and seminars by the staff, fellows are expected to participate in making formal presentations, as well as journal clubs, and case presentations. First year fellows will be expected to submit at least one scientific paper to a peer-reviewed journal.

Prospective fellows may write to us with a statement of purpose, current CV, and three letters of recommendation. You may submit an application at any time. After we receive your application, we'll contact you to set up an interview.